

# ANNA ISD

## October Breakfast Menu

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Oct 1, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1  Chicken Biscuit Pop Tart Choice of Cereal Graham Crackers Blushing Pears Choice of Juice Choice of Milk	Oct - 2  Glazed Donut w/ Sprinklz Muffins Choice of Cereal Buttered Toast Sliced Apples Choice of Juice Choice of Milk	Oct - 3  Sausage Brkfst Sandwich Pop Tart Choice of Cereal Graham Crackers Pineapple Rings w/ Cherry Choice of Juice Choice of Milk	Oct - 4  Blueberry Muffin Yogurt Choice of Cereal Graham Crackers Fresh Apples Choice of Juice Choice of Milk	Oct - 5  Morning Sausage Roll Scrambled Eggs Muffins Choice of Cereal Graham Crackers Fresh Banana Choice of Juice Choice of Milk
Oct - 8  Staff Inservice/No School	Oct - 9  Staff Inservice/No School	Oct - 10  Bacon Breakfast Sandwich Pop Tart Choice of Cereal Graham Crackers Bahama Salad Choice of Juice Choice of Milk	Oct - 11  Blueberry Muffin Yogurt Parfait Choice of Cereal Graham Crackers Fresh Apples Choice of Juice Choice of Milk	Oct - 12  Breakfast Pizza Muffins Choice of Cereal Graham Crackers Fresh Banana Choice of Juice Choice of Milk
Oct - 15  Chicken Biscuit Pop Tart Choice of Cereal Graham Crackers Rosey Applesauce Choice of Juice Choice of Milk Jelly	Oct - 16  Donut Holes Muffins Choice of Cereal Buttered Toast Sliced Apples Choice of Juice Choice of Milk	Oct - 17  Sausage Brkfst Sandwich Pop Tart Choice of Cereal Graham Crackers Grinch Pears Choice of Juice Choice of Milk	Oct - 18  Blueberry Muffin Yogurt Choice of Cereal Graham Crackers Fresh Apples Choice of Juice Choice of Milk	Oct - 19  Pancake on a Stick Muffins Choice of Cereal Graham Crackers Fresh Banana Choice of Juice Choice of Milk Syrup
Oct - 22  Sausage Biscuit Pop Tart Choice of Cereal Graham Crackers Fruit Cocktail Choice of Juice Choice of Milk	Oct - 23  Donuts, Pwd Sugar Minis Donut, Chocolate Minis Muffins Choice of Cereal Buttered Toast Orange Smiles Choice of Juice Choice of Milk	Oct - 24  Bacon Breakfast Sandwich Pop Tart Choice of Cereal Graham Crackers Fresh Apples Choice of Juice Choice of Milk	Oct - 25  Blueberry Muffin Yogurt Parfait Choice of Cereal Graham Crackers Fresh Grapes Choice of Juice Choice of Milk	Oct - 26  Breakfast Pizza Muffins Choice of Cereal Graham Crackers Fresh Banana Choice of Juice Choice of Milk
Oct - 29  Chicken Biscuit Pop Tart Choice of Cereal Graham Crackers Blushing Pears Choice of Juice Choice of Milk	Oct - 30  Glazed Donut w/ Sprinklz Muffins Choice of Cereal Buttered Toast Sliced Apples Choice of Juice Choice of Milk	Oct - 31  Sausage Brkfst Sandwich Pop Tart Choice of Cereal Graham Crackers Pineapple Rings w/ Cherry Choice of Juice Choice of Milk		

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**